



CURRICULUM OVERVIEW KEY STAGE 3 SCHOOL

	AUTUMN	SPRING	SUMMER
Year 7	<p>Core theme: Relationships</p> <ul style="list-style-type: none"> • <i>Healthy relationships – Working Well with others.</i> • <i>Managing emotions/Building resilience.</i> • <i>How to deal with risky or negative relationships.</i> • <i>Consent.</i> • <i>Bereavement, separation and divorce.</i> • <i>Equality and diversity.</i> • <i>How to identify and access appropriate advice and support.</i> 	<p>Core theme: Health and wellbeing</p> <ul style="list-style-type: none"> • <i>Transition.</i> • <i>Physical, mental and emotional health and wellbeing.</i> • <i>Drugs, alcohol and tobacco, balanced diet; physical activity.</i> • <i>Mental and emotional health and wellbeing; and sexual health.</i> • <i>Parenthood.</i> • <i>Managing risks.</i> • <i>How to identify and access help, advice and support.</i> • <i>The role and influence of the media on lifestyle.</i> 	<p>Core theme: Living in the wider world</p> <ul style="list-style-type: none"> • <i>Core values.</i> • <i>Personal goals and targets.</i> • <i>Diversity.</i> • <i>Personal learning styles.</i> • <i>Rights and responsibilities.</i> • <i>Local and national economy.</i> • <i>Enterprise.</i> • <i>Employability, team working and leadership skills.</i> • <i>Resilience.</i> • <i>Financial choices.</i> • <i>Rights and responsibilities as consumers.</i>
Year 8	<p>Core theme: Relationships</p> <ul style="list-style-type: none"> • <i>Friendship-Values rights and responsibilities.</i> • <i>Sexual relationships-Body image myths and facts.</i> • <i>Intimacy and their consequences. – coping with emotions.</i> • <i>Assigned/biological sex, gender identity and sexual orientation - Gender.</i> • <i>To understand the unacceptability of sexist, homophobic, biphobic, racist and disablist</i> 	<p>Core theme: Health and wellbeing</p> <ul style="list-style-type: none"> • <i>Mental and emotional health: self harm.</i> • <i>Exercise.</i> • <i>Media impact on health.</i> • <i>Basic first aid training.</i> • <i>Female genital mutilation (FGM).</i> • <i>Sexual transmitted infections.</i> • <i>Alcohol and substance misuse.</i> 	<p>Core theme: Living in the wider world</p> <ul style="list-style-type: none"> • <i>Challenging stereotypes.</i> • <i>Human rights.</i> • <i>Career pathways.</i> • <i>Different types of work.</i> • <i>End of KS3 choices.</i> • <i>Enterprise.</i> • <i>Gambling.</i>

language and behaviour, the need to challenge it and how to do so- everybody's different.

- *Bullying and abuse.*

- *Cancer prevention.*

- *Use of money.*